

LIFE WORK WEEK 5

Shift your perception from lack to abundance. This helps us to come FROM abundance.

- Go around your home and bless everything in it.
- Write a gratitude list for everything you own, including your bank accounts, all the people in your life, for your car, your work, for the way the Infinite is supporting you seen and unseen, for the abundance you have and the abundance that is coming into your life.
- BE a person of gratitude throughout the day. Notice all the things and moments you can be grateful for and/or in.

Ask yourself: Where do I feel the greatest lack? In your time, in love, around money, ...?

What is at least one thing you can do this week to increase your giving in that area?

- BE a person of increase.

Ask yourself throughout the week “How can I leave this situation with more?”.

- Commit to at least one action step and put it into your calendar: What is one thing you can do to take a step in the direction of your dream?