

VIRTUES VERSUS VICES

Acceptance - Denial, Rejection

Authenticity - Deception

Beauty - Ugliness

Caring and Consideration - Cruelty, Insensitivity and Selfishness

Cleanliness - Dirtiness

Commitment - Lack of Direction or Responsibility

Compassion - Judgment

Confidence - Self-doubt, Shyness, Low self-esteem

Contentment - Dissatisfaction, Restlessness

Cooperation - Defiance

Courage - Fear

Detachment and Trust – Control, Doubt or exaggerated Skepticism

Determination - Complacency

Dignity - Selfishness

Enthusiasm - Boredom, Indifference

Excellence - Mediocrity

Fairness - Injustice, Discrimination

Flexibility – Stubbornness, Rigidity

Forgiveness - Bitterness

Generosity - Self-centeredness

Gentleness - Aggression

Graciousness - Disrespect

Gratitude - Disappointment

Harmony - Hostility

Helpfulness - Negativity Honoring - Shaming

Hope - Despair, Frustration

Humility - Arrogance

Integrity and Honesty - Corruption, Deceitfulness

Kindness - Cruelty

Love - Fear

Loyalty - Betrayal

Moderation - Obsession, Overindulgence

Orderliness - Chaos

Passion and Purposefulness - Indifference

Patience - Frustration

Perseverance - Laziness

Preparedness - Complacency

Reliability - Untrustworthiness

Respect - Inconsideration

Responsibility – Selfishness or Victimhood

Reverence - Hatred

Self-love - Martyrdom

Service - Lack of concern, Self-centeredness

Temperate - Excessive

Thankfulness - Unappreciativeness

Tolerance - Narrow-mindedness

Understanding – Egotism, Ignorance

Unity - Separation, Loneliness

Wisdom - Lack of Intelligence

Wonder - Boredom

(This list of virtues and vices was modified from <https://www.virtuesforlife.com/virtues-list/>)